

Basic

Channel	standard definition	high definition
CBS – WCAX	3	203
ABC – WVNY*	4	204
NBC – WPTZ*	5	205
Vermont PBS	6	206
QVC	7	207
NBC (WNNE-CW)	8	208
Fox – WFFF	9	209
Mountain Lake PBS –WCFE (NY)	10	210
CBFT – 6 SRC	11	-
CFCF – 12 CTV	12	-
CBMT – 6 CBC	13	-
VCAM	15	215
RETN	16	N/A
CCTV	17	317
C-SPAN	18	218
C-SPAN 2	19	219
C-SPAN 3	20	220
QVC 2	21	321
Home Shopping Network	22	-
EVINE LIVE	23	-
The Weather Channel	24	224
TBS	51	251
Bounce	62	-
WYCI – Heroes & Icons	84	284
Antenna	105	-
Free Speech TV	122	-
Laff	123	-
Gritt	124	-
Quest	125	-
BTV HD		216
Northeast Sports Network	302	-
Movies! TV Network	303	-
Circle	304	-
Start TV	305	-
Vermont PBS Kids	306	-
Vermont PBS Create	308	-
NHK World	310	-
Mountain Lake PBS Kids	311	-
MeTV	325	-
Vermont PBS Plus		307

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Standard

Channel	standard definition	high definition
MS NOW*	14	214
MLB+	25	225
ESPN U*+	26	-
ESPN*+	28	228
ESPN 2*+	29	229
ESPN Classic*+	30	-
CMT*	32	232
MTV*	33	233
VH1*	34	234
FX	35	235
NESN+	36	236
NBC Sports Network	37	237
CNBC*	38	238
Fox Sports 2	39	239
Fox Sports 1	41	241
WGN America	42	242
Fox News*	46	246
Fox Business News*	47	247
Nat Geo Wild	48	248
Freeform*	49	249
USA*	50	250
Hallmark	52	252
Disney*	53	253
Disney XD*	54	254
Paramount Network	55	255
Olympic Channel	56	256
Nickelodeon*	57	257
E!*	58	258
TNT*	60	260
FX	61	261
Turner Classic Movies*	63	263
Fox Movie Channel	65	265
AMC	66	266
IFC	67	267
SYFY*	68	268
truTV*	69	269
Cartoon Network*	70	270
HGTV	73	273
Food Network	74	274
Game Show Network	75	275

Channel	standard definition	high definition
History*	76	276
Nat Geo	77	277
Animal Planet	78	278
Travel Channel	79	279
TLC	80	280
Discovery	81	281
OWN	82	282
Comedy Central*	83	283
BET*	88	288
Discovery Family	89	289
Investigation Discovery	91	291
BBC America	92	292
A&E*	96	296
Bravo*	97	297
Oxygen*	99	299
WE	100	200
Lifetime*	101	201
Lifetime Movie*	102	202
Court TV	103	-
EWTN- Catholic TV	104	-
The Hillsong Channel	107	-
Inspiration Network	108	-
Lifetime Real Women	109	-
CNN*	111	211
Headline News	112	212
CNN International	113	-
Hallmark Drama	114	314
The Cowboy Channel	116	-
GAC	130	330
MTV 2	131	-
TV Land	150	-
Nick Jr.*	151	-
Hallmark Movies	181	262
MTV Live	221	-
NESN Plus+	336	356

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Standard Plus

Channel	standard definition	high definition
ESPN News*+	31	-
Tennis Channel*	40	240
BBC World News	43	243
Golf Channel*	44	244
Outdoor Channel	45	245
Universal Kids*	64	-
Disney Junior*	71	271
Cooking Channel	72	272
Crime & Investigation	85	-
Fuse	86	-
Science Channel	87	287
Destination America	90	290
DIY	93	293
FYI*	94	294
Viceland*	95	295
LOGO	118	-
BET Her	132	-
BET Gospel	133	-
MTV Tres	134	-
Nick Music	135	-
BET Jams	136	-
MTV Classic	137	-
CMT Music	138	-
BET Soul	139	-
MTV U	140	-
TVG2	141	-
Fox College Sports Atlantic+	142	-
Fox College Sports Central+	143	-
Fox College Sports Pacific+	144	-
Sportsman Channel*	145	345
NFL Network	147	347
SEC Network*	149	351
Nick TOO	152	-
Teen Nick	153	-
Nicktoons	154	-
Boomerang	155	-
Discovery Life	191	-
Military History Channel	192	-
History en Español	193	-
American Heroes Channel	194	-
Discovery Turbo	-	371

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Premium

Channel	standard definition	high definition
SEC Alt	352	353
CCTV4◇	401	-
SBTN◇	403	-
TV5◇	404	424
Showtime	600	610
Showtime 2	601	611
Showtime Showcase	602	-
Showtime Extreme	603	-
Showtime Beyond	604	-
Showtime Next	605	-
Showtime Family Zone	606	-
Showtime Women	607	-
The Movie Channel	608	618
TMC Extra	609	-
HBO*	621	628
HBO 2	622	
HBO Signature	623	-
HBO Family	624	-
HBO Comedy	625	-
HBO Zone	626	-
HBO Latino	627	-
Cinemax*	636	644
More Max	637	-
Action Max	638	-
Thriller Max	639	-
5 Star Max	640	-
Outer Max	641	-
Movie Max	642	-
Cinemax Spanish	643	-
STARZ	662	670
STARZ Edge	663	673
STARZ in Black	664	675
STARZ Kids & Family	665	671
STARZ Cinema	666	672
STARZ Comedy	667	674
IndiePLEX	668	-
RetroPLEX	669	-
STARZ ENCORE Suspense	678	688
STARZ ENCORE	679	686
STARZ ENCORE Action	680	677
STARZ ENCORE Westerns	681	691

Add-ons

channel	standard definition	High Definition
NFL Redzone	148	348
MLB Strike Zone+	146	346

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